

STARTERS

Soup of the Day

€6.50
(1,13)

Starter of the Day Please ask your waiter

Baked Portabello Mushrooms

Stuffed with Garlic Butter, Smoked Cheddar Cheese & Herb Stuffing
with a Roast Garlic & Rosemary Aioli
(1,3,7,13)
€9.90

Confit of Duck Spring Roll

Crispy Asian Salad with Pickled Ginger Dressing and a Spiced Plum Purée
(1,3,6,7,11,12)
€11.90

Cooleeney Farm Whipped Goat Cheese & Beetroot Salad

Toasted Pecans and Rocket Salad with a Balsamic Reduction
(6,7,8,12)
€11.90

Potted Homemade Chicken Liver Pate

Redcurrant & Port Jam, Apple Purée
served with Toasted Herb Bread
(1,3,7,12)
€10.90

Steamed Mussels in a Lemongrass and Coconut Broth

(2,4,7,12,14)
€11.90

Connemara Smoked Salmon, Cream Cheese & Crab Meat Roulade

served with a Crisp Caper Salad and Dill Coulis
(1,2,4,14)
€13.90

Oaked Smoked Salmon

served with a Crisp Caper Salad
(1,4)
€11.90

Brie & Apple Filo Parcel

Poached Pear and Candied Walnut Salad
with a Hot Honey Drizzle
(1,3,7,8,12)
€10.90

Thai Marinated Crispy Beef Strips

with a Sweet & Sour Glaze and Spiced Nut Salad
(1,5,6,8,12)
€12.90

Allergens: 1.Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanut 6.Soybeans
7.Dairy 8.Nut 9.Clelery 10.Mustard 11. Sesame Seeds
12.Sulphuer Dioxide and Sulphites 13. Lupins 14. Molliscs

FROM THE LAND

Pan Seared Hereford Sirloin Steak

with Creamed Potatoes, Grilled Mushrooms,
Red Onion Purée & Peppercorn Cream Sauce
(1,7,12)

€30.90

*** Herb Crusted Roast Rack of Connemara Lamb**

served with Mash, Confit Garlic & Mint Purée and a Rosemary Jus
(1,7,12)

€33.90

Seasonal Rissotto

Please ask your waiter
(1,7,12)

€21.90

*** Fillet of Beef**

with Creamed Potatoes, Grilled Mushrooms,
Red Onion Purée & Red Wine Jus
(1,7,12)

€32.90

***Pan Seared Irish Duck Breast Cooked Pink**

Spiced Blackberry Sauce, Braised Red Cabbage,
and Roast Carrot & Ginger Purée
(6,7,12)

€30.90

Gubbeen & Chorizo Stuffed Supreme of Chicken

set on a bed of Mash, with a Blackpudding Crumb, and Tarragon Cream
(7,12)

€23.90

Slow Cooked Lamb Shank

set on a bed of Mash, with Honey & Thyme Roasted Carrots & Parsnips,
Served with a Red wine Jus
(7,12)

€28.90

All Beef Served in Our Restaurant is of Irish Origin

TO THE ATLANTIC

***Fillet of Monkfish**

Spiced Mango & Coconut Sauce
and set on a bed of Wilted Greens

(4,12)

€31.90

Pan Fried Fillet of Hake

with a White Wine Velouté
Spinach & Dill Purée, set on Wilted Greens

(4,7,12)

€27.90

Pan Fried Sea Bass

Orange & Fennel Cream,
set on Wilted Greens

(4,7,12)

€27.90

****Whole Black Sole**

Orange & Fennel Cream,
set on Kale, Spinach & Samphire

(4,7,12)

€38.90

All Served with Vegetables and Potatoes

(6, 7)

Please Inform us of any dietary restrictions and we will be happy to oblige.
Allergen information available upon request.

Residents on an inclusive package please ask your waiter for details.